

# CCDC MONTHLY

Official Newsletter of Columbia College (CCDC)



## UPCOMING EVENTS

### 01

#### Lunar New Year Celebration

Feb 5, Tuesday 2019

1:00PM - 2:00PM

Room 201

(Tysons Campus)

### 02

#### Valentine's Day Free Hot Chocolate Event

Feb 14, Thursday 2019

Student Lounge

(Tysons Campus)

## NORTHERN VIRGINIA FAMILY SERVICE

BY JONG HYUN KIM, ADMISSIONS REPRESENTATIVE

Winter is especially harsh for those who are down on their luck or people who are settling into a new country. Cold weather adds to the growing list of obstacles that the struggling folks face. Keeping this in mind, ESL students at Columbia College Centreville Extension held a flea market with donated goods and personal items to raise money for a non-profit organization at the end of the last year. With their hard efforts combined with additional generosity from President Kim, the total amount came to be \$500 dollars.

In a search for an organization or a charity, the staff had come across Northern Virginia Family Service (NVFS). Having been around for more than 90 years with an extensive range of services across the Northern Virginia area, it had to be checked out. A visit to the Multicultural Center in Falls Church, Virginia expanded the understanding of the organization in greater means. While the initial motive behind the donation was to give back, it seemed that through this organization there was much to be gained for the students as well. Those seeking services in early childhood development, foster care & adoption, health care access, nutritional education & food assistance, homelessness & housing, immigration legal services, mental health, workforce development and youth initiatives are strongly encouraged to check out NVFS along with anyone who is interested in volunteering for the good of the community.

# CERTIFIED MASSAGE THERAPIST (CMT)

BY JONG HYUN KIM, ADMISSIONS REPRESENTATIVE

The certificate course to become a Certified Massage Therapist or CMT is one of less talked about programs at Columbia College. However, this program has been flourishing at Silver Spring Extension under the guidance of the main instructor, Sonya Hong, and the CMT program has recently made a move from Centreville Extension to the main campus at Tysons Corner in time for the new Spring I session. It certainly is unfortunate that this program doesn't get as much attention as other great professional programs because for one, this is one of the shorter certificate programs with the entire duration lasting only 30 weeks, and the job market for those who complete the process is very much indeed on the positive side.

While the short 30-week period is not a walk in the park, it certainly is a rewarding one for those who show up everyday and put in the work. The classroom environment is one of the best things about the CMT program at Columbia College. The students are very close with each other, and that makes it more of a family-like atmosphere. The instructors also keep an extensive network available for the current students through social gatherings and graduation events where the students can network with the alumni and gain personal insight into the life after graduation. The sky is the limit for those who put in the work.



“

*The classroom environment is one of the best things about the CMT program at Columbia College.*

”

Contact us

Website : [www.ccdc.edu](http://www.ccdc.edu)

Facebook : [www.facebook.com/ccdcedu](https://www.facebook.com/ccdcedu)

Instagram : [www.instagram.com/ccdcedu](https://www.instagram.com/ccdcedu)

If you want to contribute to this newsletter, send an email to Lyn Im ([lyni@ccdc.edu](mailto:lyni@ccdc.edu))

